



## Ask a Doc: Community Chat

Do you have questions about how Maine's new vaccination and car seat safety laws will impact you? Join us to discuss the laws with members of the Waldo County General Hospital medical team, take a spin on a smoothie bike, get your flu shot and more.

**DATE:** Thursday, October 10

**TIME:** 6:00 p.m.

**LOCATION:** Troy A. Howard Middle School, 173 Lincolnville Avenue, Belfast

To RSVP or for more information, please email [acrawford@wcgh.org](mailto:acrawford@wcgh.org)

## Journey to Health



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